Bulldog Breakdown

January 21, 2020

Volume 1



January 17



Students will be dismissed at 1:10 pm



January 15-31

Food Drive



January 6-24

MOY(Middle of the Year) Renaissance **Testing**



January 20

MLK Day-No School

January 23

Honor Roll

Ceremony



January 27-31

Snapshot **Testing**



Educator Spotlight: Principal Edwards



Principal Edwards has been with HISD for 22 years. We are very honored to have her as the principal of our very own Baylor College of Medicine Academy at Ryan. We had the opportunity to get to know Principal Edwards better, and we would love to share more about her with all of you!

Inteviewers: Ramya Elangovan and Haasini Veerakumar

Interviewer: Did you know at our age (11 and 12) what you wanted to become when you were older?

Principal Edwards: At your age, I said I wanted to become an engineer and own

Interviewer: Do you like being a principal?

Principal Edwards: I do like being a principal because I can impact more students and staff.

Interviewer: What is the best thing about being a principal?

Principal Edwards: The best thing about being a principal is being able to impact large numbers of stakeholders and seeing students grow academically.

Interviewer: What was your favorite school subject?

Principal Edwards: Math was my favorite subject because your answers had to be either right or wrong and there was no in-between.

Interviewer: Would you like to share your most embarrassing moment as a teacher or principal?

Principal Edwards: Falling in the hallway and having some students help me up



Interviewer: What are some qualities that all the students have at BCMAR?

Principal Edwards: Many of our students are humble, intelligent, and hardworking.

Interviewer: What should graduates of this school know and be able to do in the future?

Principal Edwards: Graduates should know that they will encounter obstacles, but they need to stay focused. I believe in shaping well-rounded individuals. Be leaders and innovators to excel in the health science field!



It's test-taking season! January kicks off with the Middle of Year Exam (MOY) and Snapshot. Here are some testtaking strategies to help you ace these tests!

- Read the test directions and questions carefully.
- Show your work instead of working the problem out in vour mind.
- After finishing the test, review the questions and double check that you bubbled in your intended answer.
- Exercise! This is good for relieving stress as it releases endorphins which are your body's natural painkillers and can help improve your mood.
 - Eat some peppermints! Or at least smell some. The peppermint scent stimulates the hippocampus area of the brain which controls mental clarity and memory. The odor triggers you to wake up and pay attention.



